John Blow Primary School

EYFS (FS0 & FS1) Sun Safety and Sunscreen Application Policy- 2026

Policy created: 24th November 2026
Review date: September 2027
Approved by Full Governing Board: November 2026

1. Purpose

At John Blow Primary School, we are committed to promoting children's health, wellbeing and safety when accessing outdoor learning and play. We recognise that children within the Early Years Foundation Stage (EYFS) are particularly vulnerable to the harmful effects of the sun and require appropriate protection during periods of warm weather and increased UV exposure. This policy outlines the arrangements for sun safety and sunscreen application within the EYFS Unit (FS0-FS1) and should be read alongside the school's Health and Safety Policy, Supporting Pupils with Medical Conditions Policy and Intimate Care Policy where appropriate.

2. Aims

We will:

- Protect children from excessive exposure to the sun.
- Promote safe outdoor learning and play.
- Encourage good sun safety habits from an early age.
- Work in partnership with parents and carers.
- Ensure any sunscreen applied by staff is administered safely and with parental consent.
- Reduce the risk of sunburn and heat-related illness.

3. Sun Safety Measures

During periods of warm weather and increased UV levels, the school will:

- Encourage children to play in shaded areas where possible.
- Provide access to drinking water throughout the day.
- Encourage regular hydration.
- Adapt outdoor activities where necessary.
- Encourage children to wear suitable clothing, including hats where appropriate.
- Monitor weather conditions and UV forecasts.
- Promote regular breaks from direct sunlight.

Staff will take reasonable steps to minimise prolonged exposure to strong sunlight, particularly between 11:00am and 3:00pm.

4. Sunscreen Expectations

Parents are strongly encouraged to:

- Apply a long-lasting (up to 8-hour) sunscreen before bringing their child to school.
- Ensure sunscreen is appropriate for their child's age and skin type.
- Provide a sun hat during warmer weather.
- Inform the school of any allergies or skin sensitivities relating to sunscreen products.

Applying sunscreen before school provides the most effective protection and reduces disruption to learning and play throughout the day.

5. Sunscreen Provided from Home

Where a child requires sunscreen to be reapplied during the school day:

- Sunscreen must be supplied by the parent or carer.
- The sunscreen must be clearly labelled with the child's full name.
- The product must be in its original container.
- Staff will only apply sunscreen that has been provided by the child's parent or carer.

- The school will not supply sunscreen for individual children unless specifically agreed as part of a medical arrangement.

Unlabelled products will not be used.

6. Parental Consent

Written parental consent must be obtained before staff can assist with or apply sunscreen.
Parents will be asked to confirm:

- Consent for staff to apply sunscreen.
- Whether the child can assist with application independently.
- Any specific instructions relating to its use.
- Any known allergies or sensitivities.

Consent will remain in place for the academic year unless withdrawn or updated by the parent.

7. Application of Sunscreen

Where parental consent has been obtained:
Staff may assist children with the application of sunscreen to exposed areas including:

- Arms.
- Legs.
- Face.
- Neck.

Staff will:

- Encourage children to apply sunscreen independently where appropriate.
- Provide support according to the child's age and developmental stage.
- Apply sunscreen in a respectful and age-appropriate manner.
- Wash hands before and after application.
- Follow any instructions provided by parents.

Two members of staff may be present where support is required in line with safeguarding expectations.

8. Safeguarding and Intimate Care Considerations

The application of sunscreen may involve limited physical assistance and therefore will be undertaken sensitively and professionally.
Staff will:

- Respect children's dignity at all times.
- Explain what they are doing.
- Promote children's independence wherever possible.
- Follow the principles outlined within the school's Intimate Care Policy.
- Report any safeguarding concerns identified during interactions with children.

Any concerns identified regarding a child's skin condition, wellbeing or welfare will be reported in accordance with the school's safeguarding procedures.

9. Medical Conditions and Allergies

Parents must notify the school of:

- Any skin conditions.
- Known allergies to sunscreen ingredients.
- Medical advice relating to sun exposure.

- Any prescribed creams or treatments.

Individual arrangements may be agreed for children with specific medical needs.

10. Staff Responsibilities

Staff are responsible for:

- Following this policy.
- Obtaining confirmation that parental consent is in place.
- Applying only sunscreen provided by parents and carers.
- Checking that sunscreen is clearly labelled.
- Promoting sun-safe behaviour.
- Encouraging hydration throughout the day.
- Reporting any concerns regarding children's health or wellbeing.

11. Partnership with Parents

We will work in partnership with parents to:

- Promote consistent sun safety practices.
- Share reminders during periods of warm weather.
- Maintain accurate consent records.
- Support children's health and wellbeing.

Parents play the primary role in ensuring sunscreen is applied before the school day whenever possible.

12. Monitoring and Review

The Headteacher and EYFS Lead will review this policy annually, following any significant incident or in response to changes in guidance or legislation.

Appendix 1
Parental Consent for Sunscreen Application
Child's Name

Does your child have any allergies, skin sensitivities or medical conditions relating to sunscreen?

☐ No

☐ Yes

Details:

Parental Consent

I confirm that:

- I have applied sunscreen before my child attends school wherever possible.
- Any sunscreen provided to school will be clearly labelled with my child's name.
- The sunscreen is suitable for my child's needs.
- I will notify the school of any changes to my child's medical or skin care requirements.

I give permission for authorised members of staff at John Blow Primary School to assist my child with and/or apply the sunscreen provided by me during the school day when necessary.

Parent/Carer Name:

Signature:

Date:

Appendix 2
Quick Staff Guide

Before Applying Sunscreen

✓ Check parental consent is in place
✓ Ensure sunscreen is labelled with the child's name
✓ Use only sunscreen provided by home
✓ Check for any medical notes or allergies

During Application

✓ Encourage independence where possible
✓ Apply respectfully and sensitively
✓ Follow parental instructions
✓ Wash hands before and after application

Sun Safety Reminders

✓ Encourage hat wearing
✓ Encourage regular drinks
✓ Utilise shaded areas
✓ Monitor children during hot weather

Parents are encouraged to apply an 8-hour sunscreen before children arrive at school. Staff will only apply sunscreen that has been provided from home, clearly labelled with the child's name and supported by parental consent.