John Blow Primary School

EYFS (FS0 & FS1) Toilet Training and Nappy Policy- 2026

Policy created: 24th November 2026
Review date: September 2027
Approved by Full Governing Board: November 2026

1. Purpose

At John Blow Primary School, we are committed to ensuring that all children within our Early Years Foundation Stage (EYFS) provision are supported with dignity, respect and sensitivity in relation to their personal care needs. We recognise that children develop toileting independence at different rates and that some children entering FS0 and FS1 may still require nappies, pull-ups or support with toilet training.

This policy outlines the arrangements for toileting, nappy changing and toilet training within the EYFS Unit and is a pre-cursor to the school's Intimate Care Policy, which provides the wider framework for intimate care across the school. This policy specifically details the procedures for children in FS0 and FS1.

The school is committed to working in partnership with parents to support children in developing independence whilst ensuring their health, safety, wellbeing and dignity are maintained at all times.

2. Aims

We will:

- Ensure all children are treated with dignity, respect and compassion during personal care.
- Provide safe, hygienic and consistent nappy changing procedures.
- Support children to develop toileting independence at an appropriate pace.
- Work closely with parents and carers to maintain consistency between home and school.
- Ensure intimate care is carried out in accordance with safeguarding requirements.
- Promote children's health, wellbeing and self-esteem.
- Meet our responsibilities under the EYFS Statutory Framework and safeguarding guidance.
- Maintain appropriate records of intimate care provided where required.

3. Principles

We recognise that:

- Every child develops at their own pace.
- Needing nappies or support with toileting should never be a barrier to accessing education.
- Children should never be made to feel embarrassed or ashamed about toileting accidents.
- Positive partnerships between school and home are essential to successful toilet training.
- Personal care needs should be met promptly and sensitively.
- Children should be encouraged to become increasingly independent whenever possible.

4. Partnership with Parents

Before a child starts within FS0 or FS1, parents will be asked to provide information regarding:

- Whether their child wears nappies or pull-ups.
- Current toilet training routines.
- Signs that indicate when their child needs the toilet.

- Any medical conditions affecting toileting.
- Any additional support requirements.
- Any creams or products that may need to be used.

Parents are expected to:

- Provide sufficient nappies, pull-ups and wipes each day.
- Provide spare clothing.
- Inform school of any changes to toileting needs.
- Work collaboratively with staff during toilet training programmes.

Where toilet training is being introduced, staff and parents will agree a consistent approach to support the child's success.

5. Nappy Changing Procedures

When a child requires a nappy change:

- The child's needs will be attended to promptly.
- The child will be reassured and treated respectfully throughout the process.
- Staff will explain what they are doing using age-appropriate language.
- Appropriate personal protective equipment (PPE) will be worn.
- The changing area will provide privacy whilst maintaining safeguarding expectations.
- Soiled nappies will be disposed of appropriately.
- Staff and children will wash hands thoroughly following the change.
- The changing area will be cleaned and disinfected after use.

Staff will encourage children to participate in the process wherever possible, for example by helping to pull up clothing or wash hands afterwards.

6. Toileting and Toilet Training

The EYFS team will actively encourage toilet training through:

- Regular opportunities to use the toilet.
- Positive praise and encouragement.
- Consistent routines throughout the day.
- Age-appropriate reminders.
- Close communication with parents.
- Celebrating children's progress and growing independence.

Staff will never:

- Force a child to use the toilet.
- Punish or shame a child for accidents.
- Compare children against others.
- Use negative language regarding toileting incidents.

Children who are toilet training may require more frequent support and changes of clothing. This will be managed sensitively and without drawing unnecessary attention to the child.

7. Accidents and Changes of Clothing

Accidents are a normal part of child development.

If a child has a toileting accident:

- Staff will reassure the child.
- Soiled clothing will be removed sensitively.
- The child will be assisted in changing into clean clothing where required.
- Suitable hygiene procedures will be followed.

- Parents will be informed where appropriate.
- Repeated accidents will be discussed with parents to identify any additional support required.

Where a child has a significant accident requiring extensive intimate care, a record may be completed in line with the school's Intimate Care Policy.

8. Hygiene and Infection Control

Staff will:

- Wear disposable gloves and aprons when changing nappies or soiled clothing.
- Follow handwashing procedures before and after intimate care.
- Clean and disinfect changing surfaces after every use.
- Dispose of waste safely.
- Follow school infection control procedures.
- Report any concerns about rashes, infections or unusual marks in accordance with safeguarding procedures.

Children will be encouraged to develop good personal hygiene habits, including handwashing after using the toilet.

9. Safeguarding

The safety and wellbeing of children remains paramount.

Therefore:

- Intimate care will only be undertaken by trained and authorised members of staff.
- Children will be treated with dignity and respect at all times.
- Staff will promote appropriate privacy whilst ensuring safeguarding requirements are maintained.
- Any unusual marks, bruises, injuries or concerns observed during intimate care will be reported immediately to the Designated Safeguarding Lead.
- Staff will follow the procedures outlined in the school's Intimate Care Policy and Child Protection and Safeguarding Policy.

The school recognises that intimate care occasions can provide valuable opportunities to promote children's self-esteem, trust and independence.

10. Staffing Arrangements

The EYFS Lead will ensure that:

- Appropriate staffing arrangements are in place.
- Staff receive induction and guidance relating to intimate care procedures.
- Suitable facilities and resources are maintained.
- Records and parental consents are securely stored.

Where possible, children will receive support from familiar members of staff.

11. Children with Medical or Additional Needs

Some children may require ongoing toileting or continence support beyond the age typically expected.

Where this applies:

- Individual arrangements will be agreed with parents.
- Advice from health professionals will be followed where appropriate.
- Individual Healthcare Plans may be developed.

- Reasonable adjustments will be made to ensure inclusion and accessibility.

12. Parental Consent

Written parental consent must be obtained before staff undertake routine nappy changing or toileting support.
Consent will normally remain valid throughout the child's attendance in FS0 or FS1 unless withdrawn by the parent or amended following review.

13. Monitoring and Review

The Headteacher and EYFS Lead will review this policy annually, following any significant incident, or in response to changes in statutory guidance.

Appendix 1
John Blow Primary School EYFS (FS0 & FS1) Nappy Changing and Toileting Consent Form
Child's Name:

Date of Birth:

Does your child currently wear:
☐ Nappies
☐ Pull-Ups
☐ Toilet Trained
☐ Toilet Training in Progress
Does your child have any medical or toileting needs we should be aware of?

Does your child require the application of any creams or medical products?
☐ No
☐ Yes
Details:

Parental Consent
I give permission for authorised members of staff at John Blow Primary School to provide intimate care support, including:

- Nappy changing
- Changing soiled clothing following accidents
- Supporting my child with toileting
- Assisting with handwashing and hygiene routines
- Supporting toilet training where appropriate

I understand that all care will be undertaken in accordance with the school's Intimate Care Policy and EYFS Toilet Training and Nappy Changing Policy.
Parent/Carer Name:

Signature:

Date:

Appendix 2

Quick Staff Guide

Nappy Changing

✓ Wear gloves and apron
✓ Explain the process to the child
✓ Maintain dignity and privacy
✓ Dispose of waste safely
✓ Wash hands thoroughly
✓ Clean changing area

Toilet Training

✓ Encourage independence
✓ Use positive praise
✓ Maintain agreed routines
✓ Communicate with parents
✓ Celebrate progress

If There Are Concerns

✓ Inform the EYFS Lead
✓ Report safeguarding concerns immediately
✓ Record significant incidents
✓ Communicate with parents where appropriate

Every child has the right to have their personal care needs met safely, respectfully and with dignity.