

John Blow Primary School

PE Curriculum Overview



Classes & Groups	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Reception Multiskills	Reception Multiskills	Reception Speed Agility Travel Unit 1	Reception Cooperate and Solve Problems Unit 1	Reception Speed Agility Travel Unit 1	Reception Multiskills
	Reception Dance Unit 1	Reception Dance Unit 2	Reception Gymnastics Unit 1	Reception Gymnastics Unit 2	Reception Manipulation & Coordination Unit 1	Reception Manipulation & Coordination Unit 2
Year 1	Y1 Multiskills	Y1 Multiskills	Year 1 Attack Defend Shoot Unit 1	KS1 Fitness Unit 1	Year 1 Run Jump Throw Unit 1	Year 1 Run Jump Throw Unit 2
	Year 1 Dance Unit 1	Year 1 Dance Unit 2	Year 1 Gymnastics Unit 1	Year 1 Gymnastics Unit 2	Year 1 Send and Return Unit 1	Year 1 Send and Return Unit 2
Year 2	Y2 Multiskills	Y2 Multiskills	Year 2 Attack Defend Shoot Unit 1	KS1 Fitness Unit 2	Year 2 Run Jump Throw Unit 1	Year 2 Run Jump Throw Unit 2
	Year 2 Dance Unit 1	Year 2 Dance Unit 2 NEW	Year 2 Gymnastics Unit 1	Year 2 Gymnastics Unit 2	Year 2 Send & Return Unit 1	Year 2 Send & Return Unit 2
Year 3	Year 3 Football	Year 3 Basketball	Year 3 Tag Rugby	Year 3 Netball	Year 3 Athletics	Year 3 Tennis
	Y3 Multiskills	Year 3 Dance Unit 1	Year 3 Dodgeball	Year 3 Gymnastics Unit 1	Year 3 Cricket	Year 3 Rounders
Year 4	Year 4 Football	Year 4 Basketball	Year 4 Tag Rugby	Year 4 Netball	Year 4 Athletics	Year 4 Tennis
	Y4 Multiskills	Year 4 Dance Unit 1	Year 4 Dodgeball	Year 4 Gymnastics Unit 1	Year 4 Cricket	Year 4 Rounders
Year 5	Year 5 Football	Year 5 Basketball	Year 5 Tag Rugby	Year 5 Netball	Year 5 Athletics	Year 5 Tennis
	Y5 Multiskills	Year 5 Dance Unit 1	Year 5 Dodgeball	Year 5 Gymnastics Unit 1	Year 5 Cricket	Year 5 Rounders
Year 6	Year 6 Football	Year 5 Basketball	Year 6 Tag Rugby	Year 6 Netball	Year 6 Athletics	Year 6 Tennis
	Y6 Multiskills	Year 6 Dance Unit 1	Year 5 Dodgeball	Year 6 Gymnastics Unit 1	Year 6 Cricket	Year 6 Rounders



Developing skills • Building confidence • Being active • Working together

