

Intent, Implementation & Impact for Physical Education (PE)

PE is participating in a range of activities to provide children with learning experiences that enable them to develop the knowledge, motivation and ability to lead a physically active life.

EYFS

The Early Years Foundation Stage Curriculum supports children's development in PE by prioritising and developing gross and fine motor skills. This is delivered through a holistic curriculum which develops these skills through sensory explorations, focussing on strength, co-ordination and positional awareness. We value imagination and creativity, seeking to create a sense of enjoyment and fascination in learning through a vibrant continuous indoor and outdoor provision, which supports our children in building core strength, stability, balance and agility.

Intent

John Blow Primary School believes that Physical Education, experienced in a safe and supportive environment, is essential to ensure children attain optimum physical and emotional development, lead a healthy lifestyle and be the best they can be. We deliver two hours per week of high-quality teaching and learning opportunities that inspire all children to succeed in physical education and in developing life skills. We teach children skills to keep them safe such as being able to swim. We also teach children how to cooperate and collaborate with others as part of a team, understanding rules, fairness and equal opportunities to embed life-long values. Our curriculum aims to improve the wellbeing and fitness of all children at John Blow, not only through the sporting skills taught, but through the underpinning values and disciplines PE promotes.

Implementation

- PE at John Blow Primary School provides challenging and enjoyable learning through a range of sporting activities. These include invasion games, net & wall games, strike and field games, gymnastics, dance, swimming and outdoor & adventure activities.
- The long-term plan sets out the PE units which are to be taught throughout the year and ensures that the requirements of the National Curriculum are fully met.
- Pupils participate in two high quality PE lessons each week, covering two sporting disciplines every half term. In addition, children are encouraged to participate in the varied range of extracurricular activities that the school offers (running, football, basketball, rounders, and dance).
- The school is a member of the NDSPPA, which provides children with an opportunity to attend competitive sporting events within the local area. This is an inclusive approach which endeavours to encourage not only physical development but also mental well-being. These events also develop teamwork and leadership skills and are very much enjoyed by the children.
- Each year, the Year 6 children are invited to become Sports Leaders for the school and help to organise and assist in the annual Sports Day. They take on leadership roles, modelling activities to their younger peers, setting up the equipment and handing out awards.
- External coaches provide expert coaching in a variety of sports throughout the year. In recent years the children have participated in basketball, cricket, tag rugby and tennis. These opportunities also provide the staff with CPD through the team teaching, which takes place, enabling them to feel confident to deliver sessions in these sports in subsequent years. At present, we have secured the services of expert coaches in multi skills, a range of enrichment sports (archery, ultimate frisbee etc), dance and gymnastics.
- Our least active children (identified by class teachers) receive an additional 30 minutes of PE per week. These sessions are designed to fun and active in order to promote healthy living, improve their engagement with PE and provide opportunities for children to practise and consolidate fundamental movements and skills.
- In KS2 children are given the opportunity to attend swimming lessons in Y4, 5 and 6. Any child who is unable to comfortably swim 25m is offered catch up swimming lessons.

Impact

We help motivate children to participate in a variety of sports through quality teaching that is engaging and fun. From our lessons, our children learn to take responsibility for their own health and fitness, many of whom also enjoy success in competitive sports. We equip our children with the necessary skills to play in a range of sports. They will hopefully grow up

to live happy and healthy lives utilising the skills and knowledge acquired through PE during their time at John Blow Primary School.